

Recommended External Child and Youth Safety Training and Resources

The Mission Australia Child & Youth Safe Policy seeks to ensure that our commitment to children and young people's safety and wellbeing is embedded within our organisation's culture, reflected in our policies and procedures and understood and practiced at all levels of the organisation. Ongoing training and resources are needed to ensure we meet the expected outcomes.

National Child and Youth Safe support

National Child and Youth Safe Leads work with service delivery staff and managers and the broader organisation to support our ongoing efforts to continuously strengthen our child safe practices. Child and Youth Safe Advocates promote child and youth safe best practices at the local level by working collaboratively with managers to embed child and youth safe priorities locally.

Mission Australia's National Child and Youth Safe Training Framework outlines the range and modes of training expectations.

To access advice regarding training please contact the team @ childsafeteam@missionaustralia.com.au

Links to internal training material or resources

Mission Australia Child & Youth Safe Policy [Child & Youth Safe \(sharepoint.com\)](#)

Mission Australia Learning - [Home Page \(sharepoint.com\)](#)

Credible Consultants who deliver training are also available and details can be provided by contacting the NCYSL or Advocate in your State or Territory.

Local contextualisation

Any Child & Youth Safe training or resources must be relevant to your clients, service, and local needs. As a team consider the demographics of your region, local needs, and then the required contextualisation.



Optional National external training providers specific to child and youth safety

- **Australia Childhood Foundation** - <https://professionals.childhood.org.au/safeguarding-children-services-old/child-safe-training/> all the training you need to understand how to develop the capacity to protect children and young people from abuse and exploitation
- **Australian Human Rights Commission** - [E-learning modules \(humanrights.gov.au\)](https://www.humanrights.gov.au/e-learning-modules) – e-learning exploring the National Principles in more depth
- **Bravehearts** <https://bravehearts.org.au/what-we-do/education-and-training/for-organisations/>
- **Childwise** - [Home - Child Wise](https://www.childwise.org.au/home-child-wise) virtual classroom or face to face training, resources, updates re legislation
- **eSafety Commissioner** - [Corporate and community education | eSafety Commissioner](https://www.esafety.gov.au/corporate-and-community-education) - online safety issues such as cyberbullying, online pornography, sending nudes and sexting, time online, gaming and unwanted contact; practical strategies to minimise online risks for those working with and caring for young people; where to access online safety resources and advice.
- **National Association for Prevention of Child abuse and Neglect (NAPCAN)** – [Child Safe Organisations Workshop - NAPCAN](https://www.napcan.org.au/child-safe-organisations-workshop) - interactive workshop establishing and maintaining a child safe culture; child inclusive practice; how to create child safe and friendly environments
- The Knowledge Center aims to provide advocates, policymakers, practitioners, the media, researchers, and community members with a range of resources. [Ensuring the Future of At-Risk Youth - The Annie E. Casey Foundation \(aecf.org\)](https://www.aecf.org/ensuring-the-future-of-at-risk-youth)

Optional State external training providers

New South Wales

- NSW Office of the Children’s Guardian <https://www.ocg.nsw.gov.au/child-safe-organisations/training-and-resources/child-safe-resources/child-safe-training>
- Epec Education <https://www.childprotectiontraining.com.au/nsw-child-protection>
- Centre for Community Welfare Training – <https://acwa.asn.au/ccwt/>
- NGO Learning Centre – <https://ngolearning.com.au>

Northern Territory

- Australian Childhood Foundation <https://professionals.childhood.org.au/>

Queensland

- **Child Protection Guide** - includes decision tree supported by Child Safety [QLD Child Protection Guide \(communities.qld.gov.au\)](https://www.childprotection.com.au/child-protection-guide)
- **Child Safe** - <https://www.childsafe.org.au/services/training/> exists to serve organisations and individuals working with children and vulnerable people, with the goal of improving their well-being and safety

South Australia

- **Child Safe** - [Child and Family SA | Child and Family SA \(childandfamily-sa.org.au\)](http://Child and Family SA | Child and Family SA (childandfamily-sa.org.au)) CAFFSA is the SA peak body representing the non-for-profits, non-government organisations providing child protection services for child, young people and families.
- **Gowrie SA** is a community-based organisation leading the development of innovative and responsive services for children and families <https://gowriesa.org.au/>
- **Educators SA:** <https://educators-sa.sa.edu.au/>

Tasmania

- **Gowrie Training & Consultancy** is a division of Lady Gowrie Tasmania <https://www.gowrieconsultancy.com.au/child-safety/>
- **Sexual Assault Support Services** – Training | SASS, Sexual Assault Support Service The SASS Primary Prevention team offers a range of training programs and workshops, for children, adolescents, and adults. Programs and workshops can be delivered in schools, colleges, workplaces or other settings anywhere in Tasmania, and in some instances, online. MA Partner
- **University of Tasmania** - <https://www.utas.edu.au/courses/cale/units/hga237-juvenile-justice-and-child-protection> This unit introduces the philosophies, principles and practices of juvenile justice and child protection

Victoria

- Institute of Child Protection Studies/**Australian Catholic University** - <https://safeguardingchildren.acu.edu.au/> offers a range of services, courses and professional development programs to help individuals and organisations understand and apply child-safe and child- friendly practices and policies

Western Australia

- **Complex Trauma Training** - [Complex Trauma Training WA - Home \(karenhulls.com.au\)](http://Complex Trauma Training WA - Home (karenhulls.com.au))
- **Mandatory reporter training** – (WA specific) [Training Modules \(dcp.wa.gov.au\)](http://Training Modules (dcp.wa.gov.au)) - provided by Department of Communities, provides a brief overview of mandatory reporting in WA including steps to take when a disclosure has been made and what information is needed to make a report.
- **Department of Communities** – [LD Online \(communities.wa.gov.au\)](http://LD Online (communities.wa.gov.au)) Free training on topics such as Recognising and Responding to Abuse and Neglect, Protective Behaviours

Sources for Child Safe Resources and Organisations

National by topic

General -

- The Australian Parenting Website <https://raisingchildren.net.au/>
- Do you know how to keep your kids safe in this complex modern world? Take our quiz to learn what you can do to keep children safe and secure. <https://play.howstuffworks.com/quiz/child-safety-quiz>
- Resources | National Office for Child Safety (pmc.gov.au) [Resources | National Office for Child Safety \(pmc.gov.au\)](http://Resources | National Office for Child Safety (pmc.gov.au))
- Risks facing children and the practical strategies to keep them safe <https://childsafety.org.au/>
- Prevent Child Abuse and Neglect
- Preventing child abuse and neglect <https://www.napcan.org.au/>

Bullying –

- National Centre Against Bullying [NCAB](#)
- [Community Workshops | Connect - Alannah & Madeline Foundation \(amf.org.au\)](#)
- Dolly's Dream is changing the culture of bullying by increasing understanding of the impact of bullying, anxiety, depression and youth suicide and by providing support to parents. [Parent Hub - Dolly's Dream \(dollysdream.org.au\)](#)

Child Safe Standards

- Practical tools to help organisations implement the National Principles for Child Safe Organisations. <https://childsafe.humanrights.gov.au/>
- Supporting the transition from compliance to leading practice <https://bravehearts.org.au/>

Conducting investigations

- Complaint Handling Guide Upholding the rights of children and young people <https://childsafty.pmc.gov.au/sites/default/files/2020-09/nocs-complaint-handling-guide.pdf>

Consent

- Sex and dating <https://yla.org.au/vic/topics/health-love-and-sex/sex/>
- Understanding consent [Tea and Consent - YouTube](#)
- A guide for Children and Young People <https://humanrights.gov.au/our-work/childrens-rights/publications/guide-children-and-young-people-national-strategy-prevent>

Disclosures

- Responses may include putting in place protective strategies, engaging appropriate support services or making reports to relevant authorities. <https://bravehearts.org.au/responding-to-disclosures-of-child-abuse/>

Diversity and Inclusion

- Culturally responsive and safe service provision is more effective in meeting young people and family's mental health and wellbeing needs [Cultural diversity and mental wellbeing - Orygen, Revolution in Mind](#)
- An introduction to key concepts about gender diversity [Gender diversity and youth mental health 101 - Orygen, Revolution in Mind](#)
- Keeping Kids Safe resource to support students to Recognise, React and Report when they feel unsafe. [Aboriginal and Torres Strait Islander | Daniel Morcombe Foundation](#)
- SNAICC introductory video summarising the National Principles for Child Safe Organisations in a culturally appropriate way for Aboriginal and Torres Strait Islander people - [Keeping Our Kids Safe: Understanding Cultural Safety in Child Safe Organisations - YouTube](#).
- Promoting the Safety & Wellbeing of LGBTIQ Children & Young People <https://www.childwise.org.au/news/39/safety-of-lgbtqi-children-and-young-people>
- Webinar discussing the impact of trauma as well as adjustment to a new culture [Webinar | Supporting migrant and refugee children - Emerging Minds](#)
- Understanding Child Mental Health and Disability - <https://learning.emergingminds.com.au/course/understanding-child-mental-health-and-disability>
- Sport Integrity Australia- Child Protection and Safeguarding in Sport and recreation <https://www.playbytherules.net.au/online-courses/child-protection-and-safeguarding-course>

- Play By the Rules- LGBTI+ Inclusive Club training
https://elearning.sportintegrity.gov.au/blocks/androgogic_catalogue/index.php?c1=Courses

Grooming

- Lock predators out [Safe Bedrooms | The Daniel Morcombe Foundation](#)
- Recognising the signs [Child sexual grooming: spotting the signs | Raising Children Network](#)
- Online learning webinar “Understanding Grooming” [Events - Child Wise](#)

Mandatory reporting

- Information on how to report suspected child abuse and neglect, including key contacts in each state and territory <https://aifs.gov.au/cfca/>
- CHCPRT001 – covers the training requirements of mandatory reporters in various states. <https://www.childprotectiontraining.com.au/chcprt001-identify-and-respond-to-children-and-young-people-at-risk>

Mental Health

- Mental health support [Home \(beyondblue.org.au\)](#)
- Children’s mental health [Supporting Children's Mental Health During a Pandemic Toolkit - Emerging Minds](#)
- Orygen Youth Mental Health training - [Upcoming community professionals workshops - Orygen, Revolution in Mind](#)
- Headspace - <https://headspace.org.au/headspace-centres/>

Neglect

- Neglect is a topic that encompasses complex issues and research areas
<https://aifs.gov.au/cfca/publications/understanding-child-neglect>
- Helping Children and Young families escaping domestic violence and find safety
[Barnardos Australia - Because Every Child Needs a Champion](#)

Online safety

- Beacon arms parents and carers with the knowledge they need to confidently help navigate their children’s digital behaviour and reduce harms [Beacon | Cyber Safety App \(telethonkids.org.au\)](#)
- The Carly Ryan Foundation delivers online support in the areas of internet safety and crime, cyberbullying, connection to resources and counselling. [App Fact Sheets | The Carly Ryan Foundation](#)
- Explores cyberbullying, digital reputation and respect for others, created by and for Aboriginal and Torres Strait Islander peoples. [Be Deadly Online | eSafety Commissioner](#)
- [ThinkUKnow](#) engages influencers in a young person’s life, including parents, carers, educators and police to prevent online child sexual exploitation.
- Kidzworld is a social community and Safe Kids Website <https://www.kidzworld.com/quiz/online-safety-quiz/>

Protective Behaviours

- Child-focused education programs <https://bravehearts.org.au/education>
- Keeping Kids Safe Resources <https://danielmorcombe.com.au/keeping-kids-safe-resources/>
- Resources to build children’s skills and understanding <https://www.insafehands.net.au/resources>
- Safety 4 Kids is an organisation helping kids make better decisions about their personal safety.
<https://www.safety4kids.com.au/>
- Sexual harm [promotingsafety_bycf_v3.pdf \(acu.edu.au\)](#)
- Positive behaviour support - <https://www.autismspectrum.org.au/about-autism/what-is-autism/positive-behaviour-support-at-aspect/telepbs>
- Positive behaviour support - <https://raisingchildren.net.au/autism/therapies-guide/pbs>

Sexualised behaviour

- Traffic Lights Brochure - A guide to IDENTIFY, UNDERSTAND and RESPOND to sexual behaviours <http://www.wbsass.com.au/themes/default/basemedia/content/files/Traffic-LightsBrochure.pdf>
- Children with sexualised behaviours <https://aifs.gov.au/cfca/bibliography/children-sexualised-behaviours>
- Supporting children who have engaged in harmful sexual behaviour with other children <https://raisingchildren.net.au/school-age/safety/child-sexual-abuse/supporting-children-harmful-sexual-behaviour>

Sexting

- Research into young people's experience of sending and sharing nude and nearly nude images — otherwise known as 'sexting' <https://www.esafety.gov.au/research/young-people-sexting>

Trauma

- From isolation to connection A guide to understanding and working with traumatised children and young people <http://earlytraumagrief.anu.edu.au/files/isolation-to-connection-september-2009.pdf>
- Out of Home Care Toolbox Tailored information and guidance for carers <https://www.oohctoolbox.org.au/>

State by topic

New South Wales/ACT

- Child Safe Standards – <https://www.ocg.nsw.gov.au/child-safe-organisations/training-and-resources/child-safe-standards>
- Protective Behaviour's training workshops and resources <https://www.protective-behaviours.org.au/>
- Sexting - <https://www.facs.nsw.gov.au/families/parenting/caring-for/teenagers/chapters/sexting-and-cyber-safety>
- To assist making an eReport about a child or young person's safety <https://reporter.childstory.nsw.gov.au/s/>

Northern Territory

- 7 Steps to Safety is a Northern Territory designed, flexible and child-friendly kit that aims to help families give their children the skills and confidence to feel, and be, safe at home. <https://www.napcan.org.au/training/>
- The Northern Territory Children's Commissioner <https://occ.nt.gov.au/>

Queensland

- Qld [Risk-management-strategies](#)
- Resources and publications - Department of Children, Youth Justice and Multicultural Affairs cyjma.qld.gov.au

South Australia

- Responding to problem sexual behaviour in children and young people Guidelines for staff in education and care settings (3rd edition, revised 2019) https://www.education.sa.gov.au/sites/default/files/responding_to_problem_sexual_behaviour_in_children_and_young_people.pdf
- <https://www.wchn.sa.gov.au/>

Tasmania

- Promoting the rights and wellbeing of children and young people in Tasmania <https://www.childcomm.tas.gov.au/>

- Reporting Concerns about the Safety and Wellbeing of Children and Young People https://www.communities.tas.gov.au/children/child_protection_services/what_can_i_expect_when

Victoria

- Starting meaningful conversations about family violence to create change in communities [Safe Koorie Families - VACCA](#)
- Working with Children & young People <https://www.thelookout.org.au/family-violence-workers/working-children-and-young-people>
- [Online grooming \(education.vic.gov.au\)](#)
- Resources on reportable conduct investigations <https://ccyp.vic.gov.au/resources/guides-and-information-sheets/>
- Children with problem sexual behaviours and their families https://www.dhhs.vic.gov.au/sites/default/files/documents/201705/Children_with_problem_sexual_behaviours_and_their_families-2012_0.pdf

Western Australia

- Teaching workers and carers strategies that support people to heal from traumatic experiences, to break the cycle of intergenerational violence and poor parenting [Complex Trauma Training WA - Home \(karenhulls.com.au\)](#)

If you are aware of good training providers or resources in child and youth safe practice, please contact the Child & Youth Safe team on childsafeteam@missionaustralia.com.au and we can add relevant information to this Guide.